



BENEFITING



THE BAKER CENTER
FOR CHILDREN AND FAMILIES



SAVE THE DAY FOR CHILDREN'S MENTAL HEALTH

SATURDAY
MAY 6, 2023

Charles River Esplanade

Check-In 8:00 a.m. | Kick-Off 9:00 a.m.

Registration \$25

Students \$15

18 & Under \$10



Children's
Mental Health
AWARENESS WEEK

**CALLING ALL
SUPERHEROES**

Emcee
Latoyia
Edwards



- ★ 1K & 5K Courses
- ★ Finisher Medals
- ★ Cape Sportpacks
- ★ Superhero Photo Booth
- ★ Family Festival



Be a Mental Health Hero! All are welcome at this family-friendly 1K/5K and kick-off to **Children's Mental Health Awareness Week**. Let's unite as a community (rain or shine!) and break stigmas and boundaries for kids in need. Together we can save the day for children's mental health!



Here's how it works:



REGISTER

Registration is \$25, \$15 for students, and \$10 for 18 & under. Create a team, join a team, move on your own, or volunteer. Superheroes of all ages are invited to join the fun of this dog and stroller-friendly, untimed race.



FUNDRAISE FOR KIDS

Be a champion and fundraise beyond the registration fee. Share your personal fundraising page with family, friends and coworkers. Tell them you are raising funds to help kids and families at The Baker Center, and ask them to support your efforts with a donation. **Participants who raise \$100 or more will receive a SuperK t-shirt.**



SHARE YOUR STORY

Your story is your superpower! It's important for children and families struggling with mental health challenges to know that they are not alone. Sharing your story helps promote understanding and empathy with others with similar experiences. That sense of connection and healing is what our SuperK is all about.



GRAB YOUR CAPES

To break stigmas and raise awareness, superhero attire is welcomed and encouraged. Prizes will be awarded to the adult and child with the best costumes, highest fundraisers, most team participation, and longest distance traveled!



Questions?

Contact the Advancement Team at rsvp@bakercenter.org or 617-512-6718

bakercenter.org | [@bakercntr](https://www.instagram.com/bakercntr) [f](https://www.facebook.com/bakercntr) [y](https://www.youtube.com/bakercntr) [t](https://www.tiktok.com/bakercntr)



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