



BENEFITTING



THE BAKER CENTER
FOR CHILDREN AND FAMILIES

SATURDAY
MAY 6, 2023



Children's
Mental Health
AWARENESS WEEK

Charles River Esplanade
Check-In 8:00 a.m. | Kick-Off 9:00 a.m.

Improving Care. Changing Lives.

**CALLING ALL
SUPERHEROES**

Save The Day for
Children's Mental Health





THE BAKER CENTER
FOR CHILDREN AND FAMILIES

53 Parker Hill Avenue, Boston, MA 02120

Be a Mental Health Hero! All are welcome at this family-friendly 1K/5K and kick-off to **Children's Mental Health Awareness Week**. Let's unite as a community (rain or shine!) and break stigmas and boundaries for kids in need. Together we can save the day for children's mental health!



- ★ 1K & 5K Courses
- ★ Finisher Medals
- ★ Cape Sportpacks
- ★ Superhero Photo Booth
- ★ Family Festival

Register Online! **BakerSuperK.com**

Questions? Contact (617) 512-6718 or rsvp@bakercenter.org



REGISTER

Registration is **\$25, \$15 for students, and \$10 for 18 & under**. Create a team, join a team, move on your own, or volunteer. Superheroes of all ages are invited to join the fun of this dog and stroller-friendly, untimed race.



FUNDRAISE FOR KIDS

Be a champion and fundraise beyond the registration fee. Share your personal fundraising page with family, friends and coworkers. **Participants who raise \$100 or more will receive a SuperK t-shirt.**



SHARE YOUR STORY

Your story is your superpower! It's important for children and families struggling with mental health challenges to know that they are not alone. That sense of connection and healing is what our SuperK is all about.



GRAB YOUR CAPES

To break stigmas and raise awareness, superhero attire is welcomed and encouraged. Prizes will be awarded to the adult and child with the best costumes, highest fundraisers, most team participation, and longest distance traveled!

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