Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) Therapist Training

Learning Objectives:

1. Describe the 6 key concepts of the MATCH treatment approach and how they can be adapted to individual children and families.
2. Summarize the empirical evidence supporting the use of MATCH for children with anxiety, depression, traumatic stress, or conduct problems.
3. Identify the appropriate treatment protocols to use for individuals presenting with anxiety, depression, traumatic stress, or conduct problems.
4. Describe the 7 MATCH resources for the treatment of anxiety, depression, traumatic stress, and conduct problems.
5. Demonstrate at least 5 MATCH skill applications in role-playing activities with instructor feedback, as measured by the MATCH module checklists.
6. Describe the manner in which MATCH may be adapted to address at least 3 issues of individual and cultural diversity.
7. Identify at least 4 benefits of utilizing a monitoring and feedback systems in the application of the MATCH approach.
8. Identify appropriate clinical cases with which to implement the MATCH treatment approach.
9. Identify the 7 primary treatment modules and 1 optional treatment module used in the MATCH approach to address anxiety.
10. Identify the 11 primary treatment modules used in the MATCH approach to address depression.
11. Identify the 9 primary treatment modules used in the MATCH approach to address traumatic stress.
12. Identify the 12 primary treatment modules used in the MATCH approach to address conduct problems.
13. Apply the MATCH treatment pathways flowcharts to address core interference or barriers in treatment.
14. Describe the key components of evidence-based treatment for anxiety, depression, traumatic stress, and conduct problems.
15. Describe the manner in which MATCH can be adapted to address client concerns that arise (e.g. "crisis of the week") and getting back on track with MATCH treatment.

Continuing Education

Psychologists:
The Baker Center for Children and Families is approved by the American Psychological Association to sponsor continuing education for psychologists. The Baker Center for Children and Families maintains responsibility for this program and its content.

Counselors:

The Baker Center for Children and Families has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7254. Programs that do not qualify for NBCC credit are clearly identified. The Baker Center for Children and Families is solely responsible for all aspects of the programs.

Social Workers:

The Baker Center for Children and Families, 1904, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: November 14, 2023-November 14, 2024.

Social workers requesting CE credits must complete the evaluation form prior to receiving their certificate of completion, which will be provided via email within 30 business days upon receipt of the evaluation. Social workers completing this course receive 32.5 social work clinical practice continuing education credits.

Attendance Policy

Full attendance at all days of training is expected. Partial registrations are not allowed, and partial CE credit hours cannot be provided. This course offers 32.5 CE credit hours. CE credit hours are not provided for professional consultations following the initial five-day training. CE certificates will be provided via email.

There are no known commercial supports or conflicts of interest related to this program.

Cancellation Policy

Full payment is required at registration. Cancellations prior to 6 weeks before the first day of training will receive a full refund. Cancellations between 3 and 6 weeks prior to the first day of training will receive a 50% refund. No refunds are available for cancellations made less than 3 weeks prior to the first day of training.

Accommodations

We welcome all individuals who may require accommodations to participate in these learning activities. Please provide any accommodation needed in your registration information or reach out to the Training Institute staff directly. We are here to meet your needs.

Agenda

Day 1			
Start Time	**Minutes**	**End Time**	**Topic/Activity**
9:00 AM	30	9:30 AM	Introductions and Training Overview
9:30 AM	30	10:00 AM	Trainee Rapport Building
10:00 AM	15	10:15 AM	BREAK
10:15 AM	45	11:00 AM	Intro to Training and Concepts
11:00 AM	40	11:40 AM	Intro to MATCH Portfolio and Manual
11:40 AM	20	12:00 PM	PracticeWise Reg & Tour (Progress Monitoring System)
12:00 PM	30	12:30 PM	LUNCH
12:30 PM	35	1:05 PM	Understanding Target Selection
1:05 PM	35	1:40 PM	Assessing Core Interference
1:40 PM	25	2:05 PM	Relationship and Change Management
2:05 PM	25	2:30 PM	Session Management
2:30 PM	15	2:45 PM	BREAK
2:45 PM	25	3:10 PM	Episode Management and Phases of Treatment
3:10 PM	5	3:15 PM	Implementation Management
3:15 PM	35	3:50 PM	Therapy Modules and Treatment Pathways
3:50 PM	15	4:05 PM	Supplemental Materials
4:05 PM	20	4:25 PM	CHART and MATCH Applications
4:25 PM	5	4:30 PM	Q & A; Homework Assignment
Day 2			
9:00 AM	10	9:10 AM	Homework Review
9:10 AM	35	9:45 AM	Anxiety Intro
9:45 AM	15	10:00 AM	Module 1: Getting Acquainted
10:00 AM	35	10:35 AM	Module 2: Fear Ladder
10:35 AM	15	10:50 AM	BREAK
10:50 AM	20	11:10 AM	Module 3: Learning Anxiety (Child)
11:10 AM	10	11:20 AM	Module 4: Learning Anxiety (Parent)
11:20 AM	75	12:35 PM	Module 5: Practicing and Stepping Back
12:35 PM	30	1:05 PM	LUNCH
1:05 PM	10	1:15 PM	Module 6: Maintenance
1:15 PM	5	1:20 PM	Module 7: Wrap Up
1:20 PM	30	1:50 PM	Optional Module: Cognitive STOP
1:50 PM	40	2:30 PM	Special Cases: OCD, Panic
2:30 PM	15	2:45 PM	BREAK
2:45 PM	10	2:55 PM	Case Examples
2:55 PM	60	3:55 PM	Intro to Trauma
3:55 PM	30	4:25 PM	Safety Planning
4:25 PM	5	4:30 PM	Q & A; Homework Assignment

Day 3			
9:00 AM	10	9:10 AM	Homework Review
9:10 AM	70	10:20 AM	Trauma Narrative
10:20 AM	10	10:30 AM	Case Example
10:30 AM	5	10:35 AM	Q & A on Trauma
10:35 AM	15	10:50 AM	BREAK
10:50 AM	30	11:20 AM	Nature & Prevalence & Model of Depression
11:20 AM	15	11:35 AM	Getting Acquainted
11:35 AM	25	12:00 PM	Learning About Depression (Child)
12:00 PM	10	12:10 PM	Learning About Depression (Parent)
12:10 PM	30	12:40 PM	LUNCH
12:40 PM	35	1:15 PM	Problem Solving
1:15 PM	20	1:35 PM	Activity Selection
1:35 PM	15	1:50 PM	Learning to Relax and Quick Calming
1:50 PM	20	2:10 PM	Presenting a Positive Self
2:10 PM	45	2:55 PM	Cognitive Coping- BLUE
2:55 PM	10	3:05 PM	Rock and Candy Experiential Exercise
3:05 PM	15	3:20 PM	BREAK
3:20 PM	20	3:40 PM	Cognitive Coping – TLC
3:40 PM	20	4:00 PM	Plans for Coping
4:00 PM	10	4:10 PM	Wrap-up
4:10 PM	10	4:20 PM	Cases
4:20 PM	10	4:30 PM	Q & A; Homework Assignment
Day 4			
9:00 AM	15	9:15 AM	Homework Review
9:15 AM	15	9:30 AM	Nature & Prevalence of Disruptive Behavior Disorders
9:30 AM	30	10:00 AM	Module 1: Engaging Caregivers
10:00 AM	45	10:45 AM	Module 2: Learning About Behavior
10:45 AM	15	11:00 AM	BREAK
11:00 AM	55	11:55 AM	Module 3: One-on-one Time
11:55 AM	15	12:10 PM	Module 4: Praise
12:10 PM	30	12:40 PM	Module 5: Active Ignoring
12:40 PM	30	1:10 PM	LUNCH
1:10 PM	20	1:30 PM	Module 6: Instructions
1:30 PM	50	2:20 PM	Module 7: Rewards
2:20 PM	50	3:10 PM	Module 8: Time Out
3:10 PM	15	3:25 PM	BREAK
3:25 PM	20	3:45 PM	Module 9: Making a Plan
3:45 PM	15	4:00 PM	Module 10: Daily Report Card
4:00 PM	10	4:10 PM	Module 11: Looking Ahead/Boosters

4:10 PM	10	4:20 PM	Cases
4:20 PM	10	4:30 PM	Q & A; Homework Assignment
Day 5			
9:00 AM	10	9:10 AM	Homework Review
9:10 AM	35	9:45 AM	Addressing Interference
9:45 AM	10	9:55 AM	Mood Boosters
9:55 AM	15	10:10 AM	CHART Introduction
10:10 AM	15	10:25 AM	BREAK
10:25 AM	45	11:10 AM	CHART Tour
11:10 AM	30	11:40 AM	Understanding Dashboards
11:40 AM	15	11:55 AM	Consultation Calls
11:55 AM	25	12:20 PM	Portfolio Review
12:20 PM	30	12:50 PM	LUNCH
12:50 PM	90	2:20 PM	Getting Back on the MATCH Path
2:20 PM	50	3:10 PM	Jeopardy
3:10 PM	15	3:25 PM	BREAK
3:25 PM	50	4:15 PM	Implementation Management
4:15 PM	15	4:30 PM	Q & A; Wrap up