



Center for
Effective Therapy
at THE BAKER CENTER

PEERS® for Adolescents

Coming this fall, the Center for Effective Therapy is offering a 14-week PEERS® for Adolescents group for 12-17 year-olds who are motivated to learn social skills!

Do you know
a teen who
wants to learn
social skills?

PEERS® for Adolescents is a 14-week evidence-based social skills intervention for motivated teens in middle and high school who are interested in learning new ways of making and keeping friends.

- Developed for teens with Autism, ADHD, social-behavioral challenges, and social pragmatic communication disorders.
- During each group session, teens are taught important social skills and are given the opportunity to practice these skills in session during socialization activities.
- Caregivers participate in a separate 14-week group to learn how to support their teens in making and keeping friends by helping to expand their teen's social network and providing feedback through coaching during weekly socialization homework assignments.
- Caregiver participation is required.

Participants will learn how to:

- Use appropriate conversational skills
- Use humor appropriately
- Use electronic communication
- Enter & exit conversations
- Be a good host during get-togethers
- Be a good sport
- Handle arguments and disagreements
- Change a bad reputation
- Handle rumors and gossip
- Handle rejection, teasing and bullying

Cost:

For current or recently assessed clients:

- The intake, brief structured interview, and 14 week group is \$3500.

For new clients:

- The intake, full structured interview, and 14 week group is \$5100.

Date & Time:

- October 2023- January 2024
- Teen groups help on Wednesdays from 3:30-5:00 at our Waltham clinic
- Caregiver group help 12-1:30 virtually



Not sure if PEERS® is right for you?
For more information on PEERS® and other services offered at the Center for Effective Therapy, use the contact info listed below:

(617) 278-4288 | cet@bakercenter.org



How to Get Started:

Scan the QR code and schedule a 30-minute phone screen with one of our staff members or visit cetct.timetap.com and choose Phone Screen for Peers Social Skills Group

Meet Our Group Leaders



Molly Daffner-Deming, Ph.D.

Staff Psychologist

Dr. Daffner-Deming focuses her practice on promoting the physical and mental health of children with various presenting concerns through empirically supported assessment and interventions. She has conducted neuropsychological, diagnostic, and psychoeducational testing across settings. She also has significant training and experience implementing evidence-based approaches such as Cognitive Behavioral Therapy (CBT), Modular Approach to Therapy for Children with Anxiety, Depression, Trauma or Conduct Problems (MATCH-ADTC), Parent Child Interaction Therapy (PCIT), Organizational Skills Training (OST) and PEERS® for Adolescents.

Meghan Geary, Ph.D.

Assistant Director of Training, Staff Psychologist

Meghan Geary, Ph.D., is the Assistant Director of the Training Institute and a staff psychologist at the Center for Effective Therapy at The Baker Center for Children and Families. Dr. Geary has training in multiple evidence-based practices including cognitive behavioral therapy (CBT); Summer Treatment Program (STP); trauma-focused cognitive behavioral therapy (TF-CBT); Motivational Interviewing (MI); and the Comprehensive Behavioral Intervention for Tics (CBIT). Dr. Geary is a certified therapist in the Modular Approach to Treatment for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC) and the Program for the Education and Enrichment of Relational Skills (PEERS®). Dr. Geary strives to increase training and implementation of evidence-based treatments within the community to increase access to effective, high-quality care for children and families.

