



ACCELERATE THE FUTURE

# NEW LMHC TRAINING OPPORTUNITY!

A partnership between Accelerate The Future – a private family foundation - and Framingham State University has created *the most affordable and accessible LMHC program in Massachusetts*. Designed for cohorts of 20 bachelors level staff, this workforce development initiative will bring them to licensure through an accredited LMHC program. Framingham State will provide the LMHC program at a reduced cost and offer in-person and online instruction at satellite locations around Massachusetts.

**The goal is to dramatically increase the number of culturally competent and BIPOC licensed clinicians in the State.**

## Why is this program important?

- There is a *critical shortage of licensed clinicians* to provide culturally appropriate mental health services for an ever-increasing number of children and families who need support.
- The cost of many LMHC and MSW programs at private institutions are a barrier for many mental health professionals to obtain licensure, often creating insurmountable levels of debt that cannot be paid off with low salaries in community mental health.
- Working professionals are not able to keep their current employment and support themselves and their families while participating in unpaid internships and practicum hours in LMHC and MSW programs.
- Those that do graduate from LMHC and MSW programs face increasing financial pressure to leave community mental health and switch to private practice or other professions.

## Why should my agency participate?

- Individuals already committed to a career in community mental health will have the ability to gain master's degrees in mental health counseling, while keeping their current job and graduating without any debt, allowing them to continue their work in community mental health in a greater capacity and without financial pressure to leave the field or move to private practice.
- By attending the program with a cohort of employees from their current organization, working professionals can gain the level of support necessary to succeed and graduate. Further, employees can keep their current salary while integrating practicum hours into their current job rather than taking an unpaid internship elsewhere.
- Employees can enhance their therapeutic toolkit with training in the Modular Approach to Therapy for Children (MATCH) Therapist and Supervisor Curricula with The Baker Center for Children and Families' expert trainers.

# MATCH

## Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems

MATCH is a **scientifically proven counseling program** for children, teenagers, and families. Unlike most specific counseling programs, which focus on a single problem (e.g., anxiety only), MATCH is designed for **multiple problems related to anxiety, depression, posttraumatic stress, and disruptive conduct**, including the conduct problems associated with ADHD.

MATCH is a **family-focused, culturally sensitive program** that can give children and families a specific set of scientifically proven tools to help manage problems that come up at home, at school, or with friends. Counselors who use MATCH can enhance their work with **specialized strategies to customize treatment to each family**. MATCH is accompanied by the Clinical Health Assessment and Response Tracking (CHART) program. CHART is a user-friendly, web-based program that assists providers in **treatment planning and tracking progress**.

## Other benefits of this initiative!

**Through this initiative, field placement sites can:**

- Enhance your agency's employee benefits with competitive professional development opportunities.
- Offer employees a free training and supervisory program with continuing education credits at no extra cost.
- Stipends are available for all licensed providers to offset lost fee-for-service revenue.
- Adopt a model that fosters career advancement opportunities.
- Build and expand your agency's workforce pipeline of well-qualified, diverse providers.
- Train additional providers independently in your agency within a year.
- Contribute to a workforce development initiative providing evidence-based and culturally competent clinical training to the next generation of youth mental health clinicians.

Email [training@bakercenter.org](mailto:training@bakercenter.org) if you are interested  
in hearing more about this opportunity