

Parent Talk

MARCH 2023

How Social Workers Can Help Your Child

The month of March is Social Work Month; a chance to shine a spotlight on the critical work social workers are doing in the field of mental health. Many caregivers may not have experience with social workers or may have misconceptions about what exactly they can offer their children. Below, we highlight some of the key ways social workers can make a difference for families in need.

They Have Specialties

Many social workers have a particular area of expertise when it comes to treating children and families. Clinical social workers are more often trained how to tackle cases of trauma, abuse, and neglect, which are all common issues children face. Many parents struggle to find such specialized treatment.



They're Highly Trained

In order to become a licensed clinical social worker, professionals need to go through a great deal of training to gain the necessary experience to provide treatment. This means they're more qualified to tackle problem areas. Many of the social workers on our staff have been trained through [our professional training program](#) and have learned the ins and outs of children's mental health.



They Work In A Variety Of Settings

Another big benefit of working with a social worker is that they're accustomed to working in a variety of settings. Many social workers have experience providing treatment at hospitals, clinics, schools, and even at home, to name a few. This gives them expertise with a wide range of different experiences and can help make treatment go more smoothly.



They Make Connections

Social workers are highly skilled in making significant connections with the children they serve. Because the issues they tackle can be related to such sensitive topics such as trauma or abuse, social workers usually have the ability to really get through to children and make them feel seen and heard. This is incredibly valuable during the treatment process.



Need more help?

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Featured Resources



Social Worker Spotlight: Jamie Schor, LICSW

An interview with one of our hardworking clinical social workers, Jamie Schor! Jamie works for our Center for Effective Therapy and specializes in providing evidence-based services to children and families struggling with a variety of mental health issues.

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Center for Effective Therapy Staff

Our highly trained and attentive clinical staff are ready and waiting to help provide support to children and families in need. While our staff is comprised of a variety of different types of professionals, we have multiple clinical social workers available for appointments.

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